



**5th Annual
2012 U. S. FIGURE SKATING
BASIC SKILLS COMPETITION**

**SATURDAY, MARCH 17, 2012
11:30 – 2:20 PM**

**Northtown Center at Amherst
Amherst, New York
OLYMPIC RINK**

The *Amherst Skating Club* is proud to be hosting an “In House” Basic Skills Competition.



Approved by USFS

In this packet you will find information and an application for participation in the 5th Annual Amherst Skating Club "In House" Basic Skills Competition. Please come and join us!!

For up to date information and changes please visit our website at: www.amherstskatingclub.org (Skate With Us Section)

When: Saturday, March 17, 2012

Facilities: The competition will be held at the Northtown Center @ Amherst, 1615 Amherst Manor Drive, Williamsville, NY 14221, on the Olympic Rink (100' x 200').

Rules: The competition will be run in accordance with the rules set forth in the 2011-2012 USFS Rulebook. The 6.0 judging system will be utilized.

Eligibility: This is an in house competition, open to ALL skaters who are current eligible members of the Amherst Skating Club's Basic Skills Program and/or are members in good standing of the Amherst Skating Club and U.S. Figure Skating.

Eligibility will be based on skill levels as of **March 1, 2012**. All SNOWFLOW SAM and BASIC SKILLS SKATERS (BASIC 1- 8) must skate at the highest level passed, with NO official U.S. Figure Skating tests passed including MIF or individual dances.

Skaters in the Competitive Test Track Free Skate may skate at the highest level passed OR one level higher BUT not both levels in the same event during the same competition.

If the Competition Chairperson or *Skate With Us* Director discovers that a skater has been placed in a category that is below their class level, or incorrect, the chairperson will have the option to move the skater into the proper division, even if this has to be done the day before the competition. This will ensure that every event is fair.

Awards: Everyone will receive an award. All awards will be made at appropriate times throughout the competition. Medals will be given to competitors placing 1st-3rd. Participation awards will be give to all other competitors.

Music: Music will only be used by skaters in the Competitive Test Track event. Music will be played from compact discs only. Music must be clearly labeled with the competitor's name, event, and time on the side that is to be played. CD's must have 1 track only. Please bring two copies of the competition music. CD's must be turned in at the time of registration and may be picked up approximately 20 minutes after the completion of each event at the registration table.

Dress: Skaters may choose to wear a skating dress and tights, or athletic type pants with a top or sweatshirt. Helmets are optional.

Schedules: Schedules will be available online as soon as possible after the close of entries at www.amherstskatingclub.org. **Skaters are responsible for being at each event 30-40 minutes before their scheduled event time.** Skaters must check in at the registration table upon arrival. The schedule is subject to adjustment. The official schedule will be at the registration table.

**Entry Fee: \$25.00 for the first event; \$15 for additional events.
ALL ENTRIES MUST BE SUBMITTED BY FEBRUARY 25, 2012.**

For inquires or further information: please contact the Competition Co-Chairs Stacy Petri or Lindsay Lessard by email at Director@amherstskatingclub.org. You may also call the ASC office at 716-634-3887.

Please Remember:

- * Please check the website www.amherstskatingclub.org for regular updates!
- * Group assignments and event times will be posted on-line, on our website, after the close of entries as soon as they become available. All competition correspondence will be done through e-mail. Please print your e-mail address CLEARLY on the application.
- * The competition takes place between 11:30am- 2:20pm on Saturday March 17, 2012. Your skater could compete anytime during that period of time. Please account for this when signing them up.
- * Sorry, there are no refunds.
- * If you have any questions please contact your child's instructor, *Skate With Us* Monitor, or *Skate With Us* Director/ Assistant Director.

BASIC ELEMENTS EVENT (SKATE WITH US): **SNOWPLOW SAM – BASIC 8**

- Skaters may enter at their last-passed level only, as of the closing date of entries
- Each skater will perform one element at a time, when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music is allowed
- **All elements must be skated in the order listed**

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop (in place) 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle- clockwise or counter clockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward (moving) snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Forward (moving) snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position- clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle- clockwise or counter clockwise 6 – 8 in a row 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns- R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside three turn - R & L from a standstill 2. Forward outside edge on a circle- clockwise or counter clockwise 3. Forward crossovers- 6-8 in a row both directions 4. Backward stroking 5. Backward (moving) snowplow stop 	

COMPETITIVE TEST TRACK

Competitors will skate to music of their choice. 6.0 Judging will be used.

Skaters may NOT compete below their test level. They must skate at their test level OR up one level, but not both.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Two upright spins, no change of foot (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Two upright spins, change of foot optional (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time:1:30 +/- 10
Pre-Preliminary Test	Two solo spins of a different nature, no change of foot (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/- 10
Preliminary Test	Two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10

BASIC SKILLS COMPETITION ENTRY FORM

Please Print Clearly

Name: _____ Sex: _____
Last First

Address: _____

City: _____ State: _____ Zip: _____

Email Address (please print clearly): _____

Phone #: _____ Birth date: _____ Age _____

USFS number (if applicable) _____ Highest Level Passed: _____

Instructor's/Coach's Name: _____

Skate With Us Class Day and Time (if applicable): _____

Please check the event(s) you are entering:

Basic Elements:

_____ Snowplow Sam
_____ Basic 1 _____ Basic 5
_____ Basic 2 _____ Basic 6
_____ Basic 3 _____ Basic 7
_____ Basic 4 _____ Basic 8

Competitive Test Track:

_____ Limited Beginner
_____ Beginner
_____ Pre-Preliminary
_____ Preliminary

The statements below MUST be signed in order to be eligible to compete!

ACCIDENTS : USFS and the clubs or organizers undertake no responsibility for damage or injuries suffered by the skaters or officials. As a condition or in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from caused by, or connected with the conduct and management of the competition, and to waive and release any and all claims which may have against any officials, USFS, the Amherst Skating Club, and against its officers. All entries shall be accepted only on such condition.

Parent/Guardian Signature _____ Date _____

Instructor/Coach Signature _____ Date _____

Application MUST be signed by instructor/ coach in order to compete

ENTRY FEE: \$25.00 for first event, \$15 for additional event.

Entries must be postmarked on or before **February 25, 2012**. Payment of all entry fees must accompany the application and be paid in US FUNDS ONLY by **check or money order**, made payable to *Amherst Skating Club*. Entries will not be accepted without fee.

For Office Use Only:

Received by: _____ Date Received: _____ Amount: _____ Check #: _____

SWU Director/Club Officer _____ Date _____

PLEASE SEND ENTRIES TO:

Amherst Skating Club
1615 Amherst Manor Drive
Amherst, NY 14221
Attn: 2012 Basic Skills Competition

Entries may also be turned in at the *Skate With Us* table during all *Skate With Us* class times.

Entries will be limited, and will be accepted according to the postmark on the application. For further information or any questions, please call (716) 634-3887 or email info@amherstskatingclub.org. Late entries will be accepted at the discretion of the Competition Co- Chairs. The Amherst Skating Club reserves the right to divide any event, to cancel any event and to limit the number of entries. There will be a \$25.00 service charge for any returned checks.

ENTRY FEES ARE NON-REFUNDABLE UNLESS AN EVENT IS CANCELED!